Glenolden, PA – Congressman Joe Sestak (PA-07) participated in the American Legion Murray Stuart Post 566 Glenolden Memorial Day Ceremony, making remarks about the importance of honoring our fallen warriors. In the attached photo, the Congressman is pictured with Rosemarie and Joe Keenan of Glenolden, parents of CDR Joseph Keenan, who will soon take command of his first ship, the USS Crommelin. Post 566 is the oldest American Legion in Delaware County and its ceremony honors fifteen soldiers from the Civil War to the Vietnam War who are buried in Knowles Cemetery. Each Veteran's grave was marked with a flag and flowers by members of the post. A 21-gun salute and the playing of taps concluded the ceremony. In attendance were Bill Doran of the American Legion Post, and Ted Bathurst, Mayor of Glenolden.

"A Memorial Day weekend of somber reflection and celebration of our nation's heroes is an important part of recognizing the men and women in uniform who have defended our country courageously," said Congressman Sestak. "But these festivities only come around once a year. We must, every day, remember those who have fallen, care for those who are injured in our conflicts, and honor those who have served."

Former 3-star Admiral Joe Sestak served in the Navy for 31 years and now serves as the Representative from the 7th District of Pennsylvania. He led a series of operational commands at sea, and was Commander of an aircraft carrier battle group of 30 U.S. and allied ships, with more than 15,000 sailors and 100 aircraft, that conducted operations in Afghanistan and Iraq. After 9/11, Joe was the first Director of "Deep Blue," the Navy's anti-terrorism unit that established strategic and operations policies for the "Global War on Terrorism." He previously served in the White House as President Clinton's Director for Defense Policy. According to the office of the House Historian, he is the highest-ranking former military officer ever elected to the U.S. Congress.